

Māori general flu resource 2021

**Kei ngā wāhi katoa te mate rewharewha.
Ka pā noa mai mā te maremare me te matihe.
He kino ake te mate rewharewha i te kauanu.**

Ka tino māuiui ētahi ki te pāngia e te mate rewharewha. Arā, ko ngā kōhungahunga, ngā pēpi, ngā wāhine hapū, me ngā pākeke. Ā, tae atu ki a rātou e pāngia ana e ētahi mate pēnei i te huangō, mate huka rānei.

Me noho ētahi e pāngia ana e te mate rewharewha ki te hohipera mō tētahi wā. Ka mate ētahi i te rewharewha.

He maha rātou kāore nei i te mōhio kei te pāngia e te mate rewharewha i te mea kei te pai o rātou āhua. Engari ka taea tonu e rātou te whakawhiti te mate kia tino māuiui ētahi atu.

Ko te mea pai rawa hei tiaki i a koe anō ko te whai weronga rewharewha i ia tau. Ka āwhina te weronga rewharewha ki te tiaki i tō tinana mai i te mate rewharewha. Ka tiaki koe i a koe anō, i tō whānau me te hunga i tō taha ki te whai mate rewharewha koe.

- KĀORE HE UTU o ngā weronga mate rewharewha mō te hunga 65 tau, neke atu.
- KĀORE HE UTU o ngā weronga mate rewharewha mō ngā wāhine hapū.
- KĀORE HE UTU o ngā weronga mate rewharewha mō te hunga i raro i te 65 tau kei te mate huka, te nuinga o ngā mate manawa, pūkahukahu rānei me ētahi atu mate.
- KĀORE HE UTU o ngā weronga mate rewharewha mō ngā tamariki i raro i te 5 tau i uru ki te hohipera mō te huangō, ētahi atu mate hauora rānei.
- Me pātai atu koe ki tō rata, nēhi rānei mō tētahi weronga mate rewharewha i tēnei rā. Tērā pea KĀORE HE UTU ki a koe.
- Me whakahau i tō whānau e āhei ana ki tētahi weronga mate rewharewha koreutu kia kōrero atu ki tō rātau rata, nēhi rānei.
- Ahakoa te pakari me te ora o te tinana ehara i te mea kāore e pā mai te mate rewharewha ki a koe.
- Kāore koe e pāngia e te mate rewharewha mai i te weronga mate rewharewha.
- Me whai weronga mate rewharewha koe i ia tau i mua i te takurua mō te ārainga pai rawa.

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**Treasure
our
Whānau**